Let every human being remake himself. Let us understand that we live not for money making, not for fulfilling our wants, not for scholarly and intellectual pursuits, but for spiritual development. Effects of karmas [actions] of the past have to be effaced with karmas backed by prema [love]. Every karma must have a background of prema. It is only in this world that spiritual progress can be made. Annihilation of the ego and dissolution of desires can be made here and now. Conquer desires, the little “i” feeling, vasanas [tendencies], vikaras [emotions], raga [attachment], and dwesha [hatred]. All these built this world of appearances and illusions.

Fill the heart with the light of prema so that the evil qualities of hate, greed, and conceit find no place therein. In winnowing, the dry outer coverings are separated from the grain. So, you, too should separate the bad thoughts and emotions from the good and healthy ones.

Prema Dhaara, Pg. 29

“Where there is a will, there is a way,” is absolutely true. At first the will is your own. It has to be strengthened by the assent of God until you convert it into the almighty will of God. You seem to be playing a particular game that you do not really desire to give up. You can change the game, if you will. You are not weak and helpless. Every strength and power is within you. God-vision is yours the very instant you will it with concentration. But you do not will it, simply because you don’t choose to.

Sai is not mocking. He is perfectly earnest. He is giving expression to the truths gathered from the depths of experience. “Trust in and submission to the supreme will in all circumstances,” means the vision of truth, the vision of the root principle of all creation. When you say, “If God wills,” it must mean that you assert your own all-powerful will. The solution, therefore, is to awaken the inherent power and splendor of your soul. Do it!

You are verily the immortal truth, the great deathless and changeless reality. May victory be ever yours. Prema Dhaara, Pg. 14

With Blessings,
Baba.

Get, set, go .... Gamathon (1st – 3rd Feb, 2019 – Annual Sports Meet at Guntur)

It was the most awaited time, when the Sports Meet of all the Sathya Sai Schools in AP and Telangana began. All the participants were over enthusiastic and the air was pulsating with the excitement of the winners. Every athlete was a winner with a lots of lessons and values for life. The participants bid good bye to each other with a heavy heart and promised to meet their friends at the next meet.

The Sports Meet was graced by the presence of distinguished dignitaries Sri R.J.Ratnakar, Trustee, SSSCT, Sri Nimish Pandya, All India President, SSSSO, India, Sri H.J.Dora, Convenor, Sri Sathya Sai Trust, AP, Sri S.G.Chalam, State President, SSSSO, AP, Sri L.V.Subrahmanyam IAS, Special Chief Secretary to Govt. of AP (Sports & Youth), National Coordinator Sri S.Koteswara Rao, Smt Kamala Pandya, Dr L.Sasibala, Smt Neeta Khanna of SSSSO, India.
Investiture - The youth Brigade

The Investiture was conducted in a grand and befitting manner in the school premises on 12th Feb, 2019. The outgoing captains of 2018-19 batch handed over the responsibilities to the newly inducted captains. The new torch bearers promised to uphold the standards of the school with smiles on their faces, with fresh responsibility on their shoulders.

Little Scholars - UKG Graduation Ceremony

The teary-eyed sweet hearts are transformed into responsible little pupils to face the challenges of the upcoming classes with a promise to excel. Indeed, a proud moment for the teachers and parents to see them with their heads held high. Their events filled the minds of one and all with jubilation.
Eureka Moments - National Science Week

The School literally resembled a little laboratory with young, inquisitive minds putting forth their knowledge and application of science. Their innovative thoughts were portrayed in the gamut of events organized in the week from 19th Feb to 28th Feb, 2019. Students displayed working models, charts and skits. Rallies were organized by the young scientists. Respects were also paid to the great personalities who contributed to the progress of modern science.

Parent-Teacher-Student, it's a triune – a three-in-one.

The annual meeting of parents with the teachers of standard X was arranged on 1st July, 2019 by the Management, Principal and School faculty. The parents shared their constructive suggestions concerning to the students with the principal and the staff. The teachers discussed the existing methodology at length with the parents and they also accepted suggestions for better guidance and enhanced performance of the pupils.
The 73rd Independence Day celebrations began on a grand note with the school band playing the tunes of pulsating patriotic songs. The students, parents and everyone else gathered in the school ground, their hearts filled with national fervour. The speech of the Chief Guest Col. K. Srinivasa Rao put one and all present in an introspective mood. The program concluded with an enthusiastic march past by the senior students of the four houses. Everyone dispersed with a promise to uphold the integrity of the country.
Precision in Evaluation.

11th Feb 2019 – CBSE Evaluation Workshop

A CBSE Evaluation workshop was organized in the school to update the teachers of various schools in Visakhapatnam attuned to the nitty-gritties of evaluation. The students will definitely benefit by the uniformity and the latest yardsticks laid down by the CBSE Board. The workshop was successful and eventful, as the contented faces of the participants suggested.

Rejuvenating the inner self.
(Summer Course in Brindavan White field)

It was the time of the year for the chosen ones to feel the magic of transformation and purity of hearts in the summer course held from 17-19th April, 2019 at Brindavan, Whitefield. It was an amazing opportunity for the mind and soul to feel united with the supreme Guru, Sri Sathya Sai Baba.

Gearing up for an energetic year.

In order to motivate teachers towards the Sai System of Education, the School organized an orientation for teachers on 6th and 7th June, 2019 before the beginning of the academic year. The orientation provided the necessary insight to mould students to become better human beings.
Convenor & the members of the Governing Body interacting with teaching staff of the school.

Sri Sathya Sai parenting workshop.

Workshop on ‘Flaunting Your Happiness!’.  

FIT INDIA - An initiative by the Hon’ble Prime Minister of India, Sri Narendra Modi.
Krishnastami Celebrations

Making of Diyas during Deepavali.

Art & Craft work

International Mother Tongue Day

Teaching Techniques

Library Week

You cannot believe in God until you believe in yourself.
- Swami Vivekananda
It’s Showtime......

The 33rd Annual Day was celebrated on 2nd Dec, 2018 with jubilation and festivity in the air. The theme revolved around the essence of life, “To preserve and purify”. The multi-hued events were a reflection of the rich Indian Culture and heritage. The plethora of events were fascinating and left the audience spell-bound. Prof. G. Nageswar Rao, the Vice Chancellor of Andhra University was the Chief Guest and Commander B. Amar Deepak of Indian Naval Air Squadron 339 was the Guest of Honour.
A legendary and a Visionary
(150 years Birth Anniversary of Mahatma Gandhi)

It is an ideal time to remember the Principles of truth and Non-violence and uncompromising commitment of our father of the Nation, Mahatma Gandhi.

Commemorating the 150th birth anniversary of Gandhiji, students performed role-plays, speeches, dances and melodious songs during the assembly and paid homage to the great visionary. They also took part in Elocution, Essay Writing and Painting Competitions.

Swachta Pakhwada
Recognizing the vital role of schools in spreading the Swachta Awareness and its implementation across the country, CBSE directed all schools to observe the Swachta Pakhwada from Sep 2017.

The Swachta Pakhwada was organized in the school and students enthusiastically took part in debates, role-plays, quizzes etc., which highlighted the importance of cleanliness. The students took a pledge to maintain cleanliness and spread the message. Students took part in the plogging run which involved picking up plastic strewn around the school surroundings.
**Vigilance Awareness Week**

Integrity is a core value and honesty is a habit. They should be adopted by the students at the School level for a holistic approach towards success in life.

Vigilance Awareness week was observed in our School to bring out awareness of the ill effects of corruption. As part of the programme students, teachers and other staff members of the school took a pledge to neither give nor take bribes. The students displayed banners, hoardings, posters etc., against the practice of corruption. They organized discussions, debates, quizzes on moral values and good governance. They participated enthusiastically and promised to achieve the objectives of eliminating corruption and promoting integrity.

**Showcasing Talents …….. House weeks**

The house system provides the framework to encourage participation in Sports and Culturals, extra-curricular activities, academics activities etc. It promotes a keen and good natured rivalry between house teams to see who will win the House Trophy each year. The houses compete against each other in various activities enabling the students to develop confidence, consideration, courtesy, positive self-esteem and interpersonal skills.

House weeks during the assembly is a platform to express one’s thoughts and feelings.

This year, during house weeks, students participated in numerous activities like role-plays, dramas, dances, debates, quiz competitions etc showcasing their magnificent talents and creative ideas.
Baba – The Divine guru
– Baba’s 94th Birthday Celebrations

“A wave of service, if it sweeps over the land catching everyone in its enthusiasm will be able to wipe off the mounds of hatred, malice and greed that infest the world.”

There is no greater value than service. The School inculcates the value of service in the hearts of students and involves them in various service activities.

The students of classes 8, 9, 10 were taken to the Schools for the Deaf and Dumb, the Blind, Old age homes, pediatric and general wards of KGH, orphanages and also street service in the nights from Nov 7th – 17th to render service to the needy. They distributed food, clothes and toiletry items. The pathetic condition of the people in the places where they have visited, touched their hearts. They expressed their gratitude to the school for giving them such a wonderful opportunity to serve everyone. The service inspired the students to march on as the torch bearers of our dear lord Bhagawan Sri Sathya Sai Baba promoting his ideals and values.
A Special day for children - Children’s Day

Children’s Day is celebrated on 14th November to commemorate for the birthday of our first Prime Minister, Pandit Jawaharlal Nehru.

The day emphasizes the importance of giving love, attention and affection to children.

It was a feast to the eyes to see children in colourful costumes, smiling faces and endless excitement. There was an enchanting magic show by one of the students. The school reverberated with the enthusiasm and joy of the children.

Following yonder star…. (Christmas)

To set a perfect example of secularism, our school celebrates Christmas on 25th Dec every year.

This year too, our school celebrated it with great fervor and enthusiasm. The music choir and the other students sang christmas carols. Students dressed in the costumes of bells, stars, Santa Clauses and angels. The school looked colourful and vibrant throughout the festivities.

Strength does not come from physical capacity. It comes from an indomitable will.
- Mahatma Gandhi
THE REMNANTS OF LIFE

It matters not the heights you soar
Or the amount of money you store
It matters not the places you go
Or the people your name will tow
For when you lie down on your final bed
They’ll only remember the things you said.

It matters not whom you impress
Or the place you bought that dress
It matters not where you will stand
Or whether you down and need a hand
For when you lie down on your final bed
They’ll remember how you made them feel instead.

It matters not the marks you get
Or whether you win or lose a bet
It matters not what you confess
Or whether you’ve been treated less
For when you lie down on your final bed
They’ll only remember the love you spread.

- M Sruti Samhita, X-C

FOR ALL THE FORGOTTEN PARTS

I dust a cobweb off my frills and ribbons
For I’ve gone into the attic that remained forbidden
Today I sat reading a book from up there
That boring philosophy one about the art of breathing air
Broken photo frames of people unknown lie in the storehouse
Looking nothing like those who belonged near the dust that rose.
Grandmother’s old newspaper clippings shoved under the bed
Reminding me of those stories that she’d read
Grandad’s rose-coloured glasses lay right on the pile of news
Maybe this is why he saw everything in bright hues
My mother’s random hugs are a place at home
I found her smiles when I dusted those places and wrote this poem.
A line for the center space in the living room:
You know no parts of me that I don’t know,
Then why is it that you feel like home?
- Abhinaya & Sanjana X-B

The Moonlit Night in a Countryside

On that moonlit night
So lost in thoughts was I.
Thinking about every sight
A countryside could offer an eye.
A countryside could offer an eye.
From the countryshore, the moonrays seem
As bright as a Diamond flame, beaming.
Then they spread on the sea like cream
And the sea looked like molten platinum, gleaming.
From the countrysky freckled with stars
Slivers of moonlight spilled into my room.
It dispelled my gloom
And made my thoughts bloom.       - V.Anu, X-A

In the world of Dreams

There’s a place where I go
that no one else knows
A place out of reach of any man’s hand
safely secluded in a far away land.
I go alone to my secret place,
ever leaving a trace
for some one to follow and discover my space,
where I keep my secrets,
fears and my regrets,
away from the world and all of its threats.
Its mine and mine alone!

- P Jashveer Pavan, X-D

Education is the most powerful weapon which we can use to change the world.
- Nelson Mandela
Hindi Divas!

As a mark of pride and gratitude towards our National language, our School observed Hindi Diwas on 14th September, 2019. Students showed their appreciation towards the language through Chutkule (anecdotes) speeches, Dohey (poems) etc., which are exhilarating.

Telugu Bhasha Dinotsavam

Language is known for its beauty, versatility and elegance. Telugu language day is celebrated every year in our school to commemorate the birthday of the Telugu poet, Gidugu Venkata Rama Murthy. It is our pride to celebrate the significance of such a beautiful language.

On 29th Aug, 2019 students celebrated the Telugu Bhasha Dinotsavam during the assembly. Mesmerizing dances, songs, speeches and skits, captivating the audience added glory to the language. The students took up the responsibility to glorify the language which is rightly called ‘The Italian of the East’.

Samskrutha Bhasha Dinotsavam

Sanskrit is a beautiful language. It is celebrated not only to promote but also to revive the ancient language of India. It is an old Indo-Aryan language. Now, it is declared as a classical language, portraying the rich culture of India. The beauty of this language was showcased through speeches, songs, recitation of Shlokas. The students were so confident in speaking and presenting themselves that it was an inspiration to all students to take the language to greater heights of glory.

Rashtriya Ekta Divas

The School celebrated Rashtriya Ekta Divas to commemorate the 144th birth anniversary of Sardar Vallabhai Patel. The present generation needs to preserve the legacy of maintaining the Principle of Unity and Oneness. Students took a solemn pledge to uphold the sanctity of the occasion by maintaining and preserving the unity of our great nation.

Faith is the bird that feels the light and sings when the dawn is still dark.
- Rabindranath Tagore
• 5th – 7th Jan – Students of Std. X and staff visited Prasanthinilayam to pay homage to our dear Lord and to attend the 5th National Convention of Balvikas.
• 19th Jan – Teachers of LKG to Std. II attended the MI Kids re-training Workshop organized in the school.
• 23rd Jan – Students of Std. VI to X attended the ‘Topper’s Mind Intensive Workshop’ conducted by Mr. Md. Ahmed in the Yoga Hall.
• 25th Jan – Students of Std. VII completed the Group II Bal Vikas Exam.
• 8th Feb – On the Occasion of National Deworming Day, all students were given deworming tablets following the instructions of the DEO and the District Collector.
• 9th & 10th Feb – 60 teachers from Primary, Middle and Senior school attended the Inclusive Education workshop conducted by the CBSE.
• 21st Feb – International Mother Tongue Day was celebrated during the Assembly. Students gave speeches, sang songs, danced, shared riddles and proverbs in Telugu.
• 21st Feb – In recognition of her selfless service as a telugu teacher, with 25 long years of experience, Mrs. K.V.S.U. Kumari, the HOD of Telugu Department of our school, was felicitated by the Sarada Niketan and Visakha Sahithi Academy on the occasion of International Mother Tongue Day.
• 2nd Mar – 29th Mar – Std. X Board Exams – School as the Centre for Std. X & XII Exams.
• Teachers on invigilation duties for Board Exams in SSSVV and Timpany school.
• 30th April – Staff meeting with Convenor & Board Members in the Yoga Hall
• 5th May – NEET Exam in the Campus.

• 7th & 8th June – Training for teaches of Std. I & II on Classroom Management.
• 14th June – MI- Kids programme for LKG-II teachers conducted by Mr. Samuel.
• 21st June – Students & teachers participated in the International Yoga Day – Alwardas grounds – Veerabhadraasan – 3 minutes.
• 28th June – Homam in the Round Block.
• 20th July – LKG Special activity – Seasons Day.
• 31st Jul – 2nd Aug – A workshop on ‘How to Cope with stress and improve concentration levels’ for students of Std. V to X was conducted by the Sarva Siksha Abhiyan – in the mandir.
• 6th Aug – Evening classes began for Std X.
• 17th Aug – Sanskrit Day was celebrated in the Assembly.
• 21st Aug – Students of Std. 8, 9, 10 participated in the Interschool Throwball match at DPS Anandapuram.
• 22nd Aug – 14 students of Std. 7 to 9 took part in the Heritage Quiz conducted by INTACH at Visakha Valley School.
• 29th Aug – Prime Ministers initiative, ‘Fit India Programme was shown on LED to students of 9 & 10 in the computer lab.
• 31st Aug – Parenting Programme for parents of Std. 3, 4, 5 students was conducted by Mr. Satish, CEO of Master Minds in Mandir.
• 1st Sept – Village secretariat Exam was conducted in the campus
• 4th Sept – Workshop on ‘Flaunt your Happiness’ for students of Std. V was organised.
• 9th – 15th Sept – ‘Reading Week’ by the CBSE

An investment in knowledge pays the best interest.
- Benjamin Franklin
A successful man is one who can lay a firm foundation with the bricks others have thrown at him. - David Brinkley

Achievements

• D. Homesh Reddy of Std. IV ‘C’ and D. Mythilesh Rao of Std. VIII stood 1st in the 2nd round of Aptitude Test conducted by the ‘Times of India’ and won i-pads.
• 22nd Feb – 9 students of Std. VIII and IX participated in Elocution, Essay Writing and Art Competition conducted by the GITAM University on the occasion of National Science Day.
• 7th – 10th Aug – Students participated in Essay Writing, Painting, Gita Sloka Chanting conducted by ISKCON and won prizes.
• 19th Aug – 30th Aug – Students of Std. III to X took part in the Essay Writing, Poetry writing and painting conducted on the life and ideals of Mahatma Gandhi by the CBSE on the occasion of 150th Anniversary of Mahatma Gandhi – Few selected writings and paintings were uploaded to CBSE.
• Students of classes VII to X (Boys & Girls) participated in the inter house competitions conducted in the police grounds, Kailasagiri and won 1st, 2nd & 3rd Prizes.

Ladies Day - 19th Nov, Mrs Usha Kumari’s felicitation

20th October - Avatar Declaration Day Rally

Sai Vratams by the Teaching Staff of SSSVV

International Yoga Day

Araku Picnic